

The WOODREW Update

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COINCIDENCE--or KISMET?

With over 4 billion human beings on this planet doing something different at any given moment, coincidences are inevitable. But when the "coincidences" mount up--you often know who's calling before you answer the phone, you know of an earthquake in Tokyo before it hits the news--you begin to wonder. Traditionally, scientists have written off as coincidence any event with possible extrasensory components. Such events, they argue, are occurrences of "pure chance" in a universe where anything can happen.

But there have been some formidable doubters of this theory. Psychiatrist Carl Jung felt that there must be some undefined force ordering and synchronizing "chance" events. He willingly conceded that only wild illogic could make one believe that some cosmic force unified seemingly trivial events. Therefore, he reasoned, the problem might lie with our conception of "logic". For certainly the universe is riddled with incongruities, and if one clings too tenaciously to logic, then we must abandon some of humankind's greatest advances. (Einstein's theory of relativity, for example, defies all laws of logic.) From this base, Jung developed his own theory of synchronicity. Some, such as Arthur Koestler, have embraced the theory, but for the most part, scientists have dismissed Jung's work as being too mystical.

Now there is new evidence, courtesy of the department of physics at the University of London, that all coincidences are not entirely random. David Bohm, a leading physicist, spent 20 years on complex experiments involving bursts of protons and other subatomic particles. His findings prove a seemingly absurd notion. "Physical objects," he concludes, "can have an effect on one another even though there is no apparent exchange of energy between them--and form the basis for a possible explanation of what causes not only coincidences but

also telepathy, precognition, and many other phenomena that heretofore have strained most people's credulity."

When one can no longer chalk up all of their "chance" experiences to "coincidence", one starts to think. As Nobel Laureate Wolfgang Di Pauli has stated: "Coincidences are the visible traces of untraceable principles."

The WHOLE Person

"Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity." So states the World Health Organization. The more we learn the more we realize that the body is a vast network of checks and balances presided over by the mind. Whatever the ailment or bodily complication may be, both our state of mind and our environment play critical roles. To restore the patient to a proper state of health, these two vital factors should not be overlooked.

How does this tie in with the current medical model? NOT VERY WELL. The direction of medicine with its increasing technical skills is moving further away from the WHOLE PERSON. Medicine has been pushed increasingly into specialized fields. Healing has moved from the sheltered office of the general practitioner to the compartmentalized environment of the hospital where technology receives greater attention than individuals. The WHOLE person is forgotten in this environment and the important doctor/patient relationship is sacrificed. The problem area is addressed as though the human were a machine in which a single malfunction has caused the breakdown.

While we hear alot today about holistic medicine, the sad truth is that hospital care is fragmented. The healing power of the family doctor's "bedside manner"

attended to much more than immediate medical problems. It related to what the World Health Org. calls the "complete physical, mental and social well-being" of the patient. And when the family physician laid his hand on the arm of the patient...or the concerned family members...who is to say that this did not constitute a "laying on of hands".

Holism, of course, does not permit the individual to relegate the responsibility for his health solely to the physician. Nor does it permit the physician to adopt a superior air when prescribing cures. Both the doctor and the patient have the responsibility for returning the individual to full health...and that means curing the 'cause', not medicating the 'effect'. The individual must squarely face the problems causing the trauma, no matter how painful this recognition might be. When it comes to our own health, we must each take responsibility for getting well again.



PATIENT, HEAL THYSELF

Anyone who has ever been through peridontial surgery knows, quite literally, what a pain it can be. Updater Ackerman recently had to undergo a mouthful of gum treatment. Her doctor had planned to book her in for a full year of gum surgery which was to include weekly visits and treatments. Cheryl had a better idea: why not take care of the messy business all in one shot? After some searching, she found a doctor willing to do it her way. She files this report about the day of the surgery: "I was terrified on the day of surgery only because of the pain that I anticipated. That is when my mind started talking to my brain and telling it about a capacity that it had: a natural pain killer called endorphines. I informed my brain that it was about to experience a trauma to its nervous system and imaged the surgical procedure. I announced to my brain that there would be great pain but that it would not 'feel' due to sedation; nevertheless, pain was involved in this

procedure and so it should manufacture its chemical endorphine to clear away that pain. It's really biofeedback."

Cheryl now reports that "...the entire procedure was pain free!" And during the five days before the stitches were removed, she used none of the pain killers the doctor had prescribed. She felt no pain. "I would like to believe that I was able to program my brain to make its natural chemical for a particular event," she writes. "I think that is what I did."

We think so too and send hearty congratulations to our stringer. Her experience demonstrates that the body is capable of taking care of itself--when we know how to send ourselves the right message.

Recognition of the "Other Way"

"A growing number of Britons are turning to so-called alternative medicine for treatments," reports Newsweek International. The royal endorsements of Queen Elizabeth and Prince Charles have gone a long way toward giving alternative methods such as acupuncture, osteopathy, herbal remedies and diet regulation a very strong boost. More than 2500 British physicians practice some form of alternative therapy, and a panel of the British Medical Association is now examining the feasibility of incorporating some of these methods into standard medical practices. Common to many alternative methods is the belief that stress and fear are major causes of the problem, and major stumbling blocks to the cure.

The UNIQUENESS of YOU

"You are one times one. You are 'blue roses'," writes Tennessee Williams in "The Glass Menagerie." And so YOU are. Man has been discovering the uniqueness of his physical being for some time now: in his fingerprints, in the proteins in his hair, in the droplets of his saliva and perspiration. We have written of the individual frequency pattern, or the electromagnetic print, that sets you apart from all others in the cosmos. Now, there is some new evidence of your unique composition. Your eye retina, it seems, has a pattern of blood vessels that allows for a positive identification. An inventor in Portland, Oregon has put together an EyeDentifyer that verifies your identity by scanning the back of your eyeball...and, apparently, precludes any mix-up with someone else.



MENTAL RADIO

One year ago we ran a front-page article on telepathy (Vol.2, No.1) and conducted the first of three telepathic experiments with Updaters around the globe. I 'sent' a color and a number. Two months later, I attempted to mentally communicate an object and the ratio of success was startling. Last month I sent you a shape. Once again the results are excellent. The shape was that of a **triangle**. (I give a "hit" to all those who got a pyramid.) Those in the eastern time zone did a little better than those in the other zones (which all ran surprisingly close).

The results showed that there was a 44% male and 56% female participation but less than 2% separated the sexes in the ratio of success. You were terrific! For those who got wonderments like "Popeye blowing bubbles like clouds" or "Dick sitting on his goat's back"...try to clear the mind of imagery next time! The secret is to keep trying, and we will have another experiment in 1984 for you.

Telepathy involves information received by a subject (you) from a sender or transmitter (me), through mind-to-mind contact. It is different from "clairvoyance" in which objects, rather than thoughts, are perceived extra-sensorially; however, some parapsychologists suggest that telepathy is basically clairvoyant perception of another person's neural processes.

Interestingly, there is datum which indicates that telepathy functions best on nights when the moon is full. (We were four nights away from a full Harvest Moon during this last experiment.) "Weather conditions, sunspot cycles, atmospheric oxygen levels, and geomagnetic storms are only a few of the other variables that may affect telepathic communications", writes Edgar Mitchell in his book, "Psychic Explorations".

The three Update experiments were designed to help you sharpen your telepathic skills as receivers. Those of you who achieved success are to be congratulated and encouraged to continue sharpening your skills at home with friends and family. Those who did not receive the impressions accurately are urged to try again. And again. Should electricity fail us, we want to be able to use our mental radios in emergencies.

It IS possible to develop this human potential with a modicum of practice. You can do it! Telepathy is a skill like any other, be it tennis, cooking, or pianoplaying. As the saying goes, "How do you get to Carnegie Hall? Practice, practice, practice."

The CHICKEN or the EGG?

"Look around! Look around! Look around!" It's hard to agree with the complacency that is screening the 'international debt crisis'. The Third World debt problem is a bottomless pit into which the capital of the western world is being tossed. No sooner do we solve a crisis when it springs another leak. If Congress fails to authorize additional funds for the International Monetary Fund (IMF) at any time, the game is over. The creditors must continue to provide funds and extend existing debts...or the debt pyramid will collapse. But even if they do, then what? For the debtor nations to pay their debts they must decrease imports..things most of them desperately need..increase exports, based on non-renewable resources or cheap labor..and tighten their belts to the point of unacceptable austerity. All of this MIGHT provide some of the foreign exchange to start paying some of the \$350 billion they owe. But their debts keep rising as the IMF lends them additional funds to pay the interest on what is already owed! It's a "what comes first" routine...the chicken or the egg. It's a road to nowhere. History shows that this course of action only leads to social and political instability and collapse. This is being demonstrated world-wide by the large number of wars and insurgencies going on.

In an economic sense, there can be no long-term economic recovery of the debtor nations with this debt burden hanging over them. All is NOT well--despite the words of the politicians and the international bankers. Financial analyst Donald Hoppe asks, "Will the debtor nations be willing to have the IMF's austerity imposed on their already appalling poverty for the next 20 years?" He answers, "Anyone who believes that is totally out of touch with reality." This is a think-and-relate piece for you to run through your giant computer, the brain.

"The only road to a fuller grasp of Reality is the exploration of 'super-normal' perception." -Dr. Albert Schweitzer



"Man's Inhumanity to Man and Nature's Plan"

The scenario of "Man's Inhumanity to Man and Nature's Plan" is unfolding before our very eyes...if we care to look. Erratic changes in weather patterns are turning semi-deserts into swamps, threatening fertile lands with famine, and causing misery and economic devastation around the globe. Meteorologists, monitoring the world's climate, say that weather extremes are the most far-reaching in memory.

In Third World countries unchecked population growth compounds the problems. It lends to the increasing political instability, the malnutrition, poverty, overgrazing, soil erosion and deforestation that are all part of the picture. Demographers say there will be one-third more people by the year 2000. (We suspect, however, that the very problems caused by Nature and Man will hold this exploding population to well below the six billion mark.) Any one of these problems can be viewed as the most recent installment of a hundreds-year-old saga. But taken collectively, they point to the massive CHANGE that Planet Earth and all of its inhabitants are now beginning to experience.

One of the statistics aired at the June Conference on Trade & Development held in Belgrade in which 166 nations participated was that in the month the conference took place 3.5 million people around the world would die of hunger...half of them children. Death by starvation appears to have reached epidemic proportion in this period when the world is experiencing food SURPLUS.

"After the unusually heavy rains of spring, the midsummer dry spell and a heat wave have shriveled crops from Eastern farmlands to the west Texas cattle and cotton country." Newsweek calls it "The Big Drought of '83." We call it the changing weather patterns that are part of Nature's Plan. But we hardly feel smug about our early warnings. These weather dislocations are not only wreaking havoc with our environment, they are gravely affecting food production around the globe. If one-quarter of all humans already fail to obtain enough food to meet daily minimum nutritional requirements, what will be the consequences of the worldwide food deficits that face us in the years ahead?

South Africa has been experiencing the worst drought since the country began keeping weather records in 1840. The increase in malnutrition and starvation has resulted in many of the peasants eating seed grain rather than planting it.

WREAKING HAVOC IN THE WOODLANDS

The evidence keeps mounting that man--and Nature's--worst enemy is man, himself. We have spoken in other Updates about the very real threat of a planet so contaminated with carbon dioxide that global temperatures could drop, triggering an age of glacial fury as icecaps begin to melt and swell the world's oceans. This phenomenon, dubbed the "greenhouse effect", is still only a theory--but there is much hard evidence that it could really happen.

The planetary build up of CO2 is directly traceable to the ongoing destruction of the world's forests. This has been going on for some time in Third World countries where slash-and-burn economies have devastated vast tracts of woodland. But the industrialized nations are hardly better. Central Europe is now facing "an ecological disaster of unprecedented proportions," according to the Union of German Forestland Owners.

The reason? Acid rain is destroying Central Europe's forests. And what is acid rain? It is a by-product created by man.

Not only trees suffer from acid rain. So do waterways, soil, and surrounding plant life. As Hamaker details the cycle, first the soil is demineralized; then soil micro-organisms die; plants become sick and die; CO2 builds up in the atmosphere. Then there is ecological havoc.

Czechoslovakia has already lost 1.25 million acres of woodland. One-fourth of all West German trees and 148,000 acres of timber in Poland are beyond repair. Pollutants are now even beginning to take their toll in the Alps. Many countries feel that anti-pollutant devices are too expensive to prove worthwhile. But as Henryk Zimny of Poland's Nature Conservation League told Newsweek International: "We are too poor not to invest in our natural environment." Frankly, we all are too poor not to make that investment.



MOUNTAIN MUSINGS

Atop our mountain at Reisha Way, it is possible to distance myself from the scramblings of everyday life and to assess current world developments without the interference of personal investments and daily static. In this soothing setting, it becomes easier to "Think and Relate"--to try to detect some pattern in the myriad tiny pieces that cumulatively make up life on this planet. The gracious pace of the rural lifestyle affords me time to let my mind wander beyond the news offered in a particular day's news columns and to consider what lies between those lines--and what might lie ahead.

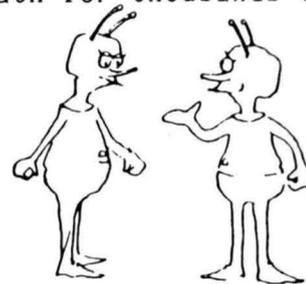
Given the nature of Greta's and my interests, it will come as no surprise that I follow reports of earthquake activity with particular interest. One recent item informed me that the meeting of geologists at the American Geophysical Union (GMU) this year focused on the probability of a major earthquake in the Aleutian Island arc in the North Pacific. Their findings showed the likelihood of a great earthquake, as large as 8.6 on the Richter scale, occurring in the next 20 years. [They pinpointed the Shumagin gap as the 300-kilometer-long stretch where this massive event would occur, and then broke the probability down to a 16% to 90% chance within 10 years, 30% to 99% within 20 years.] Since the North American tectonic plate overrides the Pacific plate in this area and historical records show great quakes occurring at regular intervals, the prediction is hardly daring. Yet the geologists felt compelled to stress that they were not making a "prediction"; rather, they were assessing "statistical probabilities".

Were I a geologist at this meeting, I would have been very "unscientific" indeed. I would have insisted on broadening the discussion to examine the possibilities of the tsunami that such an earthquake might produce. Because the Aleutians are islands, the likelihood of the quake moving a large piece of ocean floor is greater than the possibility of the epicenter concentrating on just one island. In such a case an 8.6 Richter scale quake could displace enough water to start a killer seismic sea-wave that would move out at speeds approximating that of a

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jet airplane. Little would be felt until the wave reached a land mass. The decreasing depth of the ocean floor would then exert a braking effect on the bottom of the wave column (but not on the top) causing a 'wall-of-water'. This unstoppable wall would then move inland, toppling everything in its path.

It is to the probability of this tsunami and to the populated areas that could be wiped out in its wake that I would devote my resources and energies. Given the high levels of expertise present at the GMU meeting, geologists could have drawn up contingency plans that would mean the difference between a large material loss--and a major human disaster. There is still time to do this. As more information is added, the plans could be revised and fine-tuned. It might prove time-consuming. But it could mean the difference between life and death for thousands of people.



YOU KNOW GRETA, SHE STILL MAINTAINS THE HOPE THAT SOMEDAY INTELLIGENT LIFE WILL BE FOUND ON EARTH.

Intuition's Evangelists

DR. JONAS SALK, discoverer of the polio vaccine, says that "Intuition is something we don't understand the biology of yet. But it is always with excitement that I wake up in the morning wondering what my intuition will toss up to me, like gifts from the sea. I work with it, and rely upon it. It's my partner." (Salk made an intuitive leap to the identity of the correct vaccine). BUCKY FULLER, creator of the geodesic dome, said, "I call intuition cosmic fishing. You feel a nibble, then you've got to hook the fish." EDGAR MITCHELL, 6th man on the moon, believes that "...man's potential knowledge is more than the product of his five senses". (Mitchell founded the Institute of Noetic Sciences: Greek for 'intuitive knowing'). The late HERMAN KAHN, physicist-turned-futurist admitted that "...physics is all hunches and intuition. My research is a combination



of intuition and judgement." (Kahn was the director of the Hudson Institute).

consonant with any other. It also leaves room for a '6th tone' to be perceived in the mind of the listener.

DAVID MAHONEY, former chairman of Norton Simon, gives us this insight: "The chief executive officer is not supposed to say 'I feel'. He's supposed to say 'I know'. So we deify the word instinct by calling it judgement. But any attempt to deny instinct is to deny identity. It's the most current thing. It's me--in everything from picking a wife to picking a company for acquisition". As ROY ROWAN pointed out in his Fortune magazine article (which is freely quoted), "The intuitive boss, of course, is a recurring figure in American business. J.P. MORGAN ...and CORNELIUS VANDERBILT (who consulted clairvoyants and believed in ghosts) took enormous pride in their enormously profitable hunches".

Engineer ROBERT P. JENSEN, chairman of General Cable Corp., mused that mathematical analysis only got him to the point where intuition took over. "Intuition is picking the right moment for your move". (Remember, he was a tight end for the Baltimore Colts!) RAY KROC, CEO of MacDonaldds, talks about respecting that "feel in his funny bone". Just a few "Best of Business" quotes to remind you that some of the most successful of FORTUNE's darlings are in fact students of intuitive decision making. PSI hitters, all. As I suggest to my corporate audiences during lectures, learn to tune in to those "gut reactions", and use those precognitive powers as a managerial tool. That illusive "business hunch" can spell profits for the company.

SUBSCRIBER Scriblings

The Ogatta group's participation with visitors to our home has been infrequent. Their activity with us has been directed toward the development of our work with them. One unique exception occurred when musician/composer Dr. Steven Halpern visited us in Connecticut. We asked him to share his experience with you, his fellow Updaters.

"In 1978 I was introduced to Greta and our intergalactic friends. I was invited to receive a 'music lesson' and directed to sit at the piano. With the entity Bilakka I discussed theories of tonality and structure, agreeing on the universality of the five note pentatonic scale, a scale form which allows each tone to be harmoniously

While seated at the piano I was encouraged to demonstrate, but when I attempted to depress the keys, nothing happened! It was as if the ivories were glued in place! Bilakka and Tauri expanded the lesson and broadened the learning experience. (We were not permitted to tape.) I was then beckoned back to the piano. What a transformed instrument! My fingers rippled effortlessly over the keys and I was aware of a powerful and exhilarating connection with the piano emanating from my solar plexus and heart chakra. The music that resulted was uplifting and exquisitely beautiful. I was told to work with this sense of connection and to practice composing 'for the sixth tone'...to be heard with the sixth sense. This I did.

I evolved a number of themes and techniques for fingering and pedaling that felt increasingly like 'home'. Ten months later, while recording an album entitled PRELUDE, I became aware of a presence that felt very much like what I had experienced at Greta's that night. I wordlessly instructed the engineer to switch modes to 'record mode'. The studio filled with light as I began to play the piano. Complete compositions flowed effortlessly through my fingers. In one non-stop sequence the entire first side of EASTERN PEACE was received and recorded. The recording occupies a special place in my heart for its beauty and articulation of the '6th note', but especially for its manifestation as a jewel of inter-species communication."

Steve's music brings the listener quietly into a state of inner calm and balance. Updater Dr. C.Norman Shealy, neurosurgeon, describes it as "...the first music of its kind..perfect for a balancing of mind and body." No wonder some of the many places that use Halpern sounds are Medical, Rehabilitation, Healing, and Research Centers all over the U.S.A. How delicious to have been present when two of the Ogatta group had an influence on Steve's tapping into a very special place from which a different kind of music sprang.

Thanks to educator/Updater Richard McGuire of Florida for his delightful cartoons!